

PRAYING WHOLEHEARTEDLY

PETITION, CONFESSION, INTERCESSION, THANKSGIVING, PRAISES



Prayer is more than just asking the Lord for what we want. It's praising God for His goodness, giving thanks, and talking to Him about everything, including our mistakes. Also, let's remember to always include the needs of others in our prayers (1 Timothy 2:1).



YOU WILL NEED:

- Glow in the Dark Cord
- Black Cardstock
- Glue Stick
- Paper
- Scissors
- White Liquid Chalk Marker
- Hot Glue Gun
- Ruler
- Pencil

DIRECTIONS:



1. Put your hand, with fingers together, on a sheet of paper. Trace around it with a pencil and cut it out.



2. Using the paper as a pattern, cut out four hands from black cardstock.



3. Use a glue stick to glue two sets of hands together. Place both hands facing each other.



4. Hot glue the cord around the outline of the hands and fingers.



5. Turn both hands over. Glue more cord on just the right and left edges of this side.

6. Place the palms together. The sides facing outward should be the ones completely outlined with cord. Glue fingers together.

7. Cut two strips of black cardstock approximately 12" x 2".

8. Glue one strip into a ring. Glue the bottom of the hands to the ring opposite each other. Glue the other strip around the outside of the first ring.



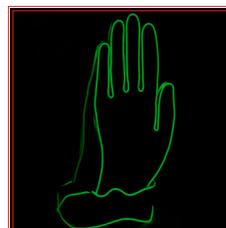
9. Write these 5 words on the ring: **PETITION, CONFESSION, INTERCESSION, THANKSGIVING, PRAISES**. You could also print the words out and glue them onto the ring.



10. Decorate the ring at the top and bottom with more cord.



11. Now you can write a prayer request and slip it between the fingers of the praying hands.



12. Even in the darkest times, God is always eager to hear your prayers.